

# Text messaging and talking over the phone while driving dangerous

**TALKING OVER THE PHONE,** sending text messages, listening to music over the iPod, using social media such as tweeting and face book while driving is very dangerous and can lead to loss of human lives.

Many of users have experienced the benefit of Information Communications Technology (ICT) and know that ICT plays vital role in people's lives. ICT has tools in our fingertips to communicate anywhere while we are playing, working and do many things in our lives.

ICT as many people have experienced is an enabler, a tool to assist and improve transport safety on air, land and sea.

ICT provides online services at a home level, instead of people physically travelling to work places for the same job.

ICT has assisted a lot in the last few years by decreasing the need of physical travel by speaking on the phone or voice over internet protocol.

ICT helps to reduce road accidents. It provides opportunity to access clean and affordable transport, and many more other uses like access to transport payment methods for transport fare. For example cash less fare.

ICT is a means of information dissemination to people needed and most importantly has contributed to save lives during accidents.

Overall, ICT reduces road accidents but you should not be distracted using technology – your mobile phone while driving. Do not do it if you value your life and anyone else's life.



Thanks to Computer World to be the first to submit its sponsorship after his recognition of the importance of the day. The picture shows ICT Day Coordinator, Jackson Miaka, receiving the cheque from Manager of Computer World.

To learn and experience more of these ICT tools, go to the Seafront on May 17 2013 at 7.30am to 5pm.